

## **PANHELLENIC COUNCIL** FIRST ACADEMIC RESOURCES GUIDE Spring 2021

Website & Instagram



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## **Quick Tips**

- 1. Have a desk or somewhere specific set up so you have a routine study space
- 2. Go to Office Hours
- 3. Create a schedule/planner to stay organized
  - a. Make a To do List
  - b. Check things off once they are done
- 4. Start a GroupMe with classmates
- 5. Have set times to study and do homework each week
- 6. Take some time to relax and do something you enjoy reducing stress (schedule ahead of time on your calendar)
- 7. Make sure to give yourself brain food (I always go for a bagel before studying)
- 8. Don't skip out on sleep, have a set sleep schedule
- 9. Learn more <u>here</u>

## **Covid-19 Tips**

- 1. Social distance (at least 6 feet apart from others)
- 2. Wear face mask indoors and outdoors on campus
- 3. Wash hands frequently with soap and water for 20 seconds or, if soap is unavailable, using hand sanitizer with at least 60% alcohol
- 4. Clean and sanitize living spaces, workspace, and frequently touched objects and surfaces daily
- 5. Use tissue, the bend of the elbow, or shoulder to shield a cough or sneeze.
- 6. Refraining from shaking hands
- 7. Stay home when sick

Facebook Pages Please Join!!	
All Panhellenic	www.facebook.com/groups/341828620123860/
College Specific:	
College of Arts and Letters	www.facebook.com/groups/1570471406676675/
College of Agriculture and Natural Resources	www.facebook.com/groups/2777619132554326/
Eli Broad College of Business	www.facebook.com/groups/1106731019757090/
College of Communication and Arts and Sciences	www.facebook.com/groups/3517585885005982/
College of Education	www.facebook.com/groups/239588644460803/
College of Engineering	www.facebook.com/groups/130523078919176/
College of Human Medicine	www.facebook.com/groups/153852023003352/
James Madison College	www.facebook.com/groups/398237788145644/
Lyman Briggs College	www.facebook.com/groups/3748558415212088/
College of Law	www.facebook.com/groups/400380174599954/
College of Music	www.facebook.com/groups/521271085512273/
College of Nursing	www.facebook.com/groups/231188825230599/
College of Osteopathic Medicine	www.facebook.com/groups/254442746112891/
College of Veterinary Medicine	www.facebook.com/groups/1297292603969184/
College of Social Science	www.facebook.com/groups/701057003910777/
Residential College in the Arts and Humanities	www.facebook.com/groups/3793433857368828/
Honors College	www.facebook.com/groups/876139326545154/
College of Natural Science	www.facebook.com/groups/531794027795246/

Instagram Live 2021 <u>Instagram</u>	
Live Stream Dates:	Time
Tuesday, January 26th	6:00-7:30 PM EST
Tuesday, February 23rd	6:00-7:30 PM EST
Tuesday, March 30th	6:00-7:30 PM EST
Tuesday, April 20th	6:00-7:30 PM EST

Explanation: Instagram lives are a new idea we are implementing. We plan on hosting a 1½ hour live stream via Instagram to give you a set time at the end of each month to stop scrolling on your phone and listen to music we will be broadcasting. We hope this could be a fun way to promote education and community within the Panhellenic Council.

Academic Resources		
Remote Learning for Students: Resources & Support	https://iteach.msu.edu/iteachmsu/groups/iteachmsu/stories/885	
Academic Technology Services	http://ats.msu.edu/organization/user-services/help_desk_call_center/	
English Language Center	https://elc.msu.edu/	
Learning Resource Center	355-2363 or <u>http://irc.msu.edu/</u>	
Libraries	432-6123 or https://lib.msu.edu/	
MSU IT Services	432-6200 or https://tech.msu.edu/support/help/	
The Writing Center	http://writing.msu.edu	
Textbook and Course Material	http://splife.studentlife.msu.edu/information-and-services/academic- affairs/textbook-shopping-guide	
Academic Programs Catalog	https://reg.msu.edu/academicprograms/	
Academic Living and Learning Community	https://admissions.msu.edu/academics/living-learning.aspx	
Majors	https://admissions.msu.edu/academics/majors-degrees- programs/default.aspx	
Minors	https://reg.msu.edu/AcademicPrograms/Programs.aspx?PType=MNUN	
Specialization	https://reg.msu.edu/AcademicPrograms/Programs.aspx?PType=SPCU	
Undergraduate Research	https://urca.msu.edu	
Degree Navigator	https://degnav.msu.edu/	

Other Resources (Source: <u>https://undergrad.msu.edu/resources</u> )	
Student Affairs and Services	355-7535 https://studentaffairs.msu.edu/
Sustainability Pledge	https://sustainability.msu.edu/get- involved/Pledge/index.html
Transfer Credits	https://transfer.msu.edu/
Career Services	https://careernetwork.msu.edu
Student Employment	https://hr.msu.edu/ua/hiring/index.html
Spartan Life	http://splife.studentlife.msu.edu/regulations/genera I-student-regulations
MSU Counseling & Psychiatric Services	355-8270 or https://caps.msu.edu/
MSU Safe Place	355-1100 or http://safeplace.msu.edu/
MSU Psychological Clinic	355-9564 or https://psychology.msu.edu/clinic/
Olin Health Center	http://olin.msu.edu
Office of Institutional Equity	353-3922 or https://oie.msu.edu/
Office of the Ombudsperson	353-8830 or https://ombud.msu.edu/
Office of Supportive Services	353-5210 or https://oss.msu.edu/
Resource Center for Persons with Disabilities	884-7273 TYY 355-1293 <u>https://www.rcpd.msu.edu/</u>
Student Account	http://www.ctlr.msu.edu/costudentaccounts/
Schedule Classes	https://schedule.msu.edu
Office of Financial Aid	https://finaid.msu.edu
Safety Resources	https://admissions.msu.edu/life-at-msu/safety.aspx
MSU Police	355-2221 or http://police.msu.edu/
TRIO	https://nssc.msu.edu/programs/triosssprogram/inde x.html

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Tutoring	
PAL (peer assistant learners) Program for ISS/SOC100/CJ100	https://socialscience.msu.edu/undergraduate/cur rent-students/student-success/pal-program.html
MLC	https://math.msu.edu/mlc/
MBP Tutoring (broad college of business)	https://mbp-tutor.broad.msu.edu
By College Tutoring	https://remote.msu.edu/learning/tutoring.html

Advising	
Main Advising Page	https://undergrad.msu.edu/programs/academic- advising
Advising Link	https://student.msu.edu/splash.html
Neighborhood Success Collaborative	https://nssc.msu.edu/index.html
Honors College	https://honorscollege.msu.edu/academics/advisin g.html
Navigate	https://msu.campus.eab.com/

College Websites	
College of Arts and Letters	https://cal.msu.edu
College of Agriculture and Natural Resources	https://www.canr.msu.edu/
Eli Broad College of Business	https://broad.msu.edu
College of Communication and Arts and Sciences	https://comartsci.msu.edu
College of Education	https://www.education.msu.edu
College of Engineering	https://www.egr.msu.edu
College of Human Medicine	https://humanmedicine.msu.edu
James Madison College	https://jmc.msu.edu
Lyman Briggs College	https://lbc.msu.edu
College of Law	http://www.law.msu.edu/
College of Music	https://www.music.msu.edu
College of Natural Science	https://natsci.msu.edu
College of Nursing	https://nursing.msu.edu
College of Osteopathic Medicine	https://com.msu.edu
College of Veterinary Medicine	https://cvm.msu.edu/
College of Social Science	https://socialscience.msu.edu
Residential College in the Arts and Humanities	https://rcah.msu.edu
Undergraduate Education	https://undergrad.msu.edu
Honors College	https://honorscollege.msu.edu

Applications	
Quizlet	Flashcards and games for studying <u>https://quizlet.com/</u>
Google Calendar	Input and color code classes, assignments, exams, etc. <u>https://calendar.google.com/</u>
Google drive, sheets, doc	Mobile app https://apps.apple.com/us/app/google- drive/id507874739
	https://apps.apple.com/us/app/google-docs- sync-edit-share/id842842640
	https://apps.apple.com/us/app/google- sheets/id842849113
Brightspace Pulse	D2L app https://apps.apple.com/us/app/brightspace- pulse/id1001688546
Flora	Grow a virtual garden/forest by not using your phone for a set time (helps prevent distractions) <u>https://apps.apple.com/us/app/flora-green-</u> <u>focus/id1225155794</u>
Zoom	Mobile app https://apps.apple.com/us/app/zoom-cloud- meetings/id546505307
My Homework	Sets Homework reminders for different classes <u>https://apps.apple.com/us/app/myhomework-</u> <u>student-planner/id303490844</u>